

# Illness Policy



All students are required by state licensing to have proof of a physical each calendar year.

- Physical forms must be signed and dated by a physician.
- Physical forms must include a list of immunizations as required for the child's age as recommended by the Dept. of Public Health. (See <http://www.cdc.gov/nip/recs/child-schedule.htm>)
- If a child has not received required immunizations a written plan for completing the immunizations or a formal notarized letter stating the situation is needed for the child's file.

In the event of illness event at school, the child will be removed from the classroom and taken to the office (head of school, business, or staff room) and a parent or caregiver from the emergency contacts provided the parent will be called to pick up the child.

Let the school office know if your child has been diagnosed with any contagious illness so we can communicate this with our parent body.

**Exclusions and Restrictions:** (See also DELACARE regulations <https://fvacg197xz747ur7h3vi44up-wpengine.netdna-ssl.com/wp-content/uploads/2022/07/Final-Center-Regulations-6-22-22.pdf>)

- Uncontrolled coughing, unusual lethargy, wheezing, difficulty breathing, persistent crying, abdominal pain, blood in the stool, open sores, unexplained sores, hives, or rash until the symptoms cease or a health care professional states in writing the child is not contagious.
- Fever above 100 degrees **until fever free without medication for 24 hours.**
- Vomiting (two or more episodes within 24 hours OR one episode WITH fever) until child has not vomited for 48 hours or a health care professional states in writing the child is not in danger of dehydration and not contagious.
- Uncontrolled diarrhea not contained – 2 or more episodes until it is controlled OR excluded for 48 hours if accompanied by a fever.
- Positive Covid test excludes student for 5 days at a minimum, and symptoms must be resolving for return
- Rash with fever or mouth sores until they are gone or a health care professional determines in writing the condition is non infectious
- Scabies, Impetigo, Head Lice, Purulent conjunctivitis, strep throat until 24 hours after treatment
- Chicken pox or shingles until lesions are crusted or dried (generally 6+ days)
- Measles (4 days), Hepatitis A virus (7 days), Pertussis (5 days), Rubella (7 days), Mumps (5 days) (after onset) or health care professional states in writing the child is not contagious.

We strongly encourage and participate in frequent handwashing. We use a cleaning solution of soap and water followed by a mild bleach and water solution (1 Tbsp. bleach per quart water) or other disinfectant/sanitizer solution. Staff use gloves for food prep and serving and whenever they are involved in toileting or diapering procedures.